

Our PE Journey in Year 1 & 2

We have learnt lots of new skills this year and can't wait to develop them in Key Stage 2.

"In Y2 I can play a game and work as a team"

"In Y1 I can pass the ball to a teammate and move around a space"

We will develop key values of being a good sports person.

"In Y2 I can beat my opponent by using shots to attack and defend."



Key Vocabulary

- Sprint
- Target
- Aim
- Pass
- Shoot
- Challenge
- Attack
- Defend
- Scoring
- Rules



"In Y1 I can show consistency and control when running, jumping and throwing."

Key Vocabulary

- Run
- Jump
- Throw
- Fast
- Slow
- Aim
- Forwards
- Map
- Direction
- Sequence
- Backwards



"In Y1 I can take off and land keeping my balance"

Key Vocabulary

- Speed
- Level
- Direction
- Control
- Balance
- Agility
- Space



Autumn Term

Games - Invasion
Real PE - Coordination & Static Balance

"In Y1 I send and receive objects in simple games"

"In Y2 I can use my sending and receiving skills in games against other players."



Key Vocabulary

- Throw
- Catch
- Roll
- Send
- Receive
- Control
- Pass
- Space
- Balance
- Travel
- Safety

"In Y1 I can safely find space, work out and how to balance."

"In Y2. I can travel confidently and show creative balances"

We will master movements around a space, including changing direction.

Real PE – Balance & Agility
ABCs

We will run in control, change direction and hold balance



"In Y2I can maintain my balance and shape whilst transferring objects."

Spring Term

Real Gymnastics
Dance – Winter Wonderland

We use our developed skills when creating and performing.

We will develop flexibility, strength, technique, control and balance.

"In Y2 I can link some movement to show a mood or feeling."

"In 1 I can remakes shapes with strong bases."

"In Y2 I can link shapes on apparatus with support."

We will work sensibly and effectively in pairs or small groups.

OAA– Orienteering
Athletics – Run, Jump, Throw

We take part in organised competitions.

"In Y1 I can name somethings I am good at."

"In Y2 I can challenge myself to improve my times, scores and distances."

"In Y2 I can explain why someone is working or performing well."

Games – Net, Wall
Games - Football

"In Y1 I can hit a ball towards a target successfully."

"In Y2 I can send a ball off a tee using a bat or a racket."

Games – Striking & Fielding
Games – Netball

"In Y1 I can play as a fielder and get the ball back to my teammates."

We will develop, learn and follow rules to new games.

End of Year

Summer Term

Key Vocabulary

- Target
- Teamwork
- Strike
- Bat
- Score
- Rules
- Speed
- Move
- Dribbling
- Pass
- Control

We will express and communicate ideas and feelings.