

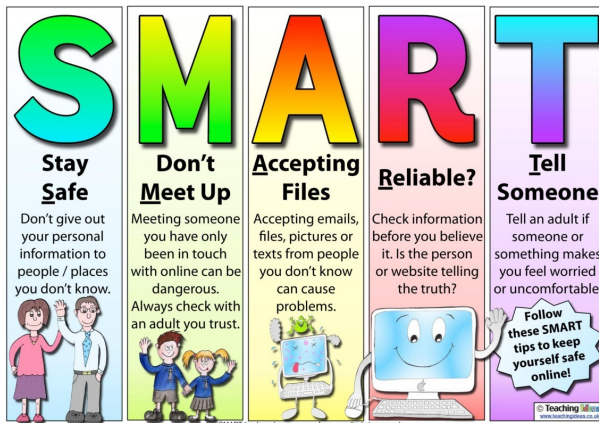


Sparken Hill Academy

Parent Internet Safety Newsletter



Do you know what your children are doing on the internet?



What you can do right now - Get involved in your children's internet use. Discussing the opportunities and risks with children involves helping them to see for themselves how they might get into and out of difficulty. Make sure your children know the SMART rules.

Put yourself in control. Make use of the parental controls on your home broadband and any Internet-enabled devices. You can find out how at your broadband provider's website or by visiting internetmatters.org.

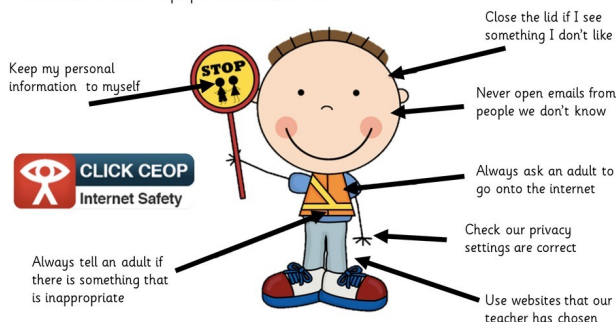


USEFUL WEBSITES

Childnet International
NSPCC
Share Aware
Childline
Internetmatters.org
UK safer Internet
Kidsmart
Thinkuknow
CEOP

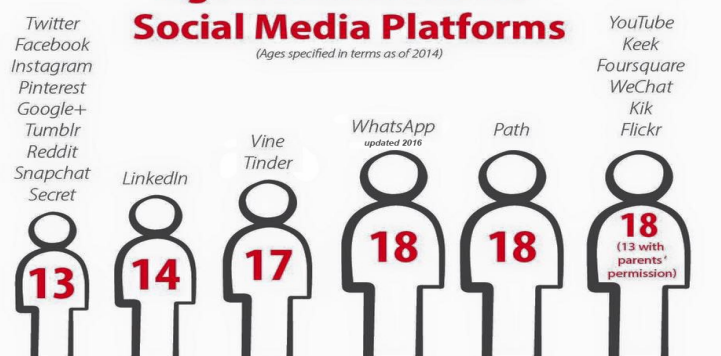
Being Safe on the Internet

When I use an iPad or Laptop I must remember to:-



Age Restrictions for Social Media Platforms

(Ages specified in terms as of 2014)



Conversation starter ideas:

1. Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
2. Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
3. Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
4. Encourage them to help. Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.

Top Tips to share with your children.....

- 1) Don't post any personal information online – like your address, email address or mobile number.
- 2) Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it and may be able to download it, it's not just yours anymore.
- 3) Keep your privacy settings as high as possible
- 4) Never give out your passwords
- 5) Don't befriend people you don't know
- 6) Don't meet up with people you've met online. Speak to your parent or carer about people suggesting you do
- 7) Remember that not everyone online is who they say they are
- 8) Think carefully about what you say before you post something online
- 9) Respect other people's views, even if you don't agree with someone else's views doesn't mean you need to be rude
- 10) If you see something online that makes you feel uncomfortable, unsafe or worried: leave the website, turn off your computer if you want to and tell a trusted

